



## No Bake Peanut Butter & Chocolate Bites

**Yield: 24 Bites**

**Cost Per Serving: N/A**

**Cook Time: 2 minutes**

### Ingredients:

- 1/4 cup Low calorie granulated sugar blend\*
- 3/4 cup Peanut Butter
- 2 cup Old-Fashioned Rolled Oats
- 1/3 cup Skim Milk
- 1 tsp Vanilla Extract
- 3 Tbsp Mini-Chocolate Chips

\*check sugar to sugar blend ratio

### Directions:

1. In a small saucepan, combine sugar blend and milk over medium heat. Stir well and bring to a boil for 1.5 minutes.
2. Stir in peanut butter and vanilla.
3. Remove from heat and add remaining ingredients; stir to incorporate.
4. Scoop oat mixture into 1 tbsp balls and place on waxed paper.
5. Let cool and refrigerate.

Recipe adapted from: Diabetes Food Hub