



## Mediterranean Pita Pizza

**Yield: 4 pizzas**

**Cost Per Serving: \$2.36**

**Cook Time: 30 minutes**

### Ingredients:

- 4 small whole-grain pitas
- 1 cup no salt added tomato sauce
- ½ cup mozzarella cheese (shredded)
- 1 cup mushrooms (sliced)
- 2 cups zucchini (diced)
- 1 cup yellow squash (diced)
- 4 tsp extra virgin olive oil

### Directions:

1. Heat the oven to 350°F. Arrange the pita rounds on a baking sheet.
2. Using the back of a spoon, spread about ¼ cup tomato sauce evenly on top of each pita.
3. Top each pizza with some grated cheese. Arrange the vegetables on top, then drizzle with olive oil.
4. Bake for 15 to 20 min, or until the cheese is lightly browned.

Recipe adapted from: Oldways

\*Based on Walmart prices 05/22