



COPING WITH LOSS

2024 Excela Health Hospice & Independence Health System Bereavement Support Group

Life can feel overwhelming after the loss of a loved one. For many, it is a time of feeling alone and powerless. In a safe and supportive environment, our Bereavement Counselors invite you to share your stories with others who grieve.

Grief Support Groups

Tuesdays | September 10 to October 15

St. John's Catholic Church | 6 to 7 p.m.

908 West Crawford Avenue, Connellsville

To register, call 724-516-2338

Tuesdays | October 8 to November 5

Trinity Lutheran Church | 6 to 7 p.m.

331 Weldon Street, Latrobe

To register, call 724-516-8605

Mondays | October 28 to December 9

**Blessed Sacrament Cathedral,
Formation Center | 2 to 3 p.m.**

300 North Main Street, Greensburg

To register, contact Katie, 724-834-3710, Ext. 11

Spiritual Grief Support Group

Let's talk about how the presence (or absence) of Spirituality in your life has impacted your grief journey. Please call Pastor Kevin Giddings, 724-600-6360, for more information.

Children's Grief Support Program

For information, please call: 724-516-8605

Grief and the Holidays Support Group

Tuesdays | November 19 to December 17

Trinity Lutheran Church | 2 to 3 p.m.

331 Weldon Street, Latrobe

To register, call 724-516-8605

Grief and the Holidays Workshop

Saturday | December 7

**Blessed Sacrament Cathedral,
Formation Center | 2 p.m.**

300 North Main Street, Greensburg

To register, call 724-516-2338

Excela Health

Home Care & Hospice

Part of  **Independence**
HEALTH SYSTEM

Excela Health Home Care & Hospice

501 West Otterman Street

Greensburg, PA 15601

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